Moss Hall Federation PSHE Curriculum Overview

Core themes	connecting with others	My healthy self	The online world	Citizenship
	Citizenship	Staying safe	Health protection	Growing up
	Sex education	Drugs, Alcohol, Tobacco		

	Au1	Au2	Sp1	Sp2	Su1	Su2	Educational Visits
British Value	**Recap**	**Democracy**	**Respect**	**Tolerance**	**Rule of Law**	**Individual Liberty**	
	Autumn 1 - Introduction to PSCHE lesson can be taught as transition lesson in settling in days						
EYFS	**Emotional Development:** Recognising feelings and considering the feelings of others; Focus & following instructions **Health & Wellbeing:** Managing basic needs independently; Personal space **Relationships:** Seeking adult support; Playing with others constructively	**Emotional Development:** Linking feelings with behaviour; Building confidence **Health & Wellbeing:** Following rules; Personal space **Relationships:** Identifying safe adults; Building constructive and respectful relationships.	**Emotional Development:** Focus & following instructions **Health and Wellbeing:** Building resilience; Managing needs independently **Relationships:** Turn taking and group work	**Emotional Development:** Managing feelings and considering others' feelings **Health and Wellbeing:** Healthy eating; Personal space **Relationships:** Listening to others; Finding solutions to disagreements	**Emotional Development:** Managing feelings and considering others' feelings **Health and Wellbeing:** Managing basic needs independently **Relationships:** Building relationships with other adults in school	**Connecting with others:** Why are healthy relationships important?	Little City (Spring 1)
Year 1 - Kapow	**Connecting with others: How can I help myself and others feel happy and safe?**	**My healthy self: How can we look after our emotions?**	**The online world: How do we spend time online?**	**Citizenship**: *How can I help others and the environment?*	**Staying safe**: *How can I stay safe?*	**Health protection:** *How can I protect myself and others in daily life?*	
Year 2 Kapow	**Connecting with others:** How can I build safe, kind and caring relationships with others?	**My healthy self:** How can we look after our bodies?	**Citizenship:** How do people belong to a community and earn money?	**The online world**: How can we stay safe online?	**Staying safe:** How can I make safe choices in different places?	**Growing up:** How can we look after and respect our bodies as we grow?	Road safety street detective workshop (spring 1)
Year 3 Kapow	**Connecting with others:** What helps us feel safe and included? L1: How can I respect msyelf? L2: What are personal boundaried? L3: What makes a family? L4: How can I be a good friend? L5: How can we repair a friendship after a falling-out? L6: What are the different types of bullying?	**My healthy self:** How can I take care of my mind and body? 6 lessons L1: How do emotions affect my body? L2:How can i tell how someone else may be feelings? L3: How are my mind and body connected? L4: How does sleep help my mind and body? L5: What can I do when I experience strong emotions? L6: When should I ask an adult for emotional support?	**The online world:** How should we communicate online? L1: How do we communicate online? L2: How can we be respectful when we communicate online? L3: How can communication online be misunderstood? L4: How should I respond to online bullying? L5: Why do we need to be careful when communicating online? L6: How can I keep myself safe online?	**Citizenship:** what rights and responibilties do we have? L1: What are human rights?	**Health protection:** How can we prevent illness and injury and respond if they happen?	**Citizenship:** What careers do people choose and why?	
Year 4 Kapow	**Connecting with others:** How can we respect each other? L1	**My healthy self:** How can I make healthy choices?	**Citizenship:** How can I spend money responsibly?	**The online world:** How can we decide what to trust online?	**Staying safe:** What signs help me recognise what is safe or unsafe?	**Growing Up:** How can I manage the changes to my body and emotions as I grow up?	Road safety pedestrian training workshop (Autumn 2)
Year 5 Kapow	**Connecting with others:** Why are healthy relationships important?	**Citizenship:** How can we make a difference in our communities and beyond?	**My healthy self:** How can I support my mind and body as I grow?	**Citizenship:** How can we be in control of our money?	***The Online World:*** *How am I influence by what I see online?*	***Growing Up:*** *How can I manage the changes to my body and emotions as I grow up?*	Drug awareness workshop (summer 2)
Year 6 Kapow	**Connecting with others:** What does it mean to stand up for myself and others?	**Citizenship:** How can we protect everyone's rights?	**Staying safe:** How can I stay safe as I grow up?	**The Online World:** how do I feel about things I see online?	**My healthy self:** How do my choices today shape my future self?	**Sex education:** How do people become parents and carers?	Magistrate Workshop (summer 1)