

# **GYMNASTICS AFTER SCHOOL CLUB**

Moss Hall Junior School

**THURSDAYS** 

**BOOK HERE:** 

CALYPSOGYMNASTICSCLUB.MAGICBOOKING.CO.UK



# **CLUB DETAILS**



## PRICE

£11 per session paid termly Sibling discount avilable



## TIME

15:20-16:20





### SNACK AND WATER

Gymnasts should bring water and can bring a small snack to eat before the



#### WHAT TO WEAR

Gymnasts must wear either a leotard or tshirt and shorts or leggings. No skirts or ieans. Hair must be tied up and no iewellery.

## **ABOUT THE CLASS**

- Gymnasts will work on strength, Flexabiltiy and
- At the end of the them term there will be badge



