

28TH AUG-18TH SEPT-9TH OCT-30TH OCT-27TH NOV-18TH DEC-8TH JAN-29TH JAN

WEEK 1

PRIMARY

SCHOOL

MENU

MOSS HALL FEDERATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Beef Pasta Bolognaise
(GL)

Chicken & Peppers Pizza
with Garlic Bread
(GL-MI-SO)

Roast Chicken with Diced
Roast Potatoes & Gravy

Hot Chicken & Cheese
Panini
(GL-MI-SO-MU-SE)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Mac & Cheese
(GL-MI-MU)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Shepherdess Pie
(GL)

Hot Cheese Panini
(GL-MI-SO-MU-SE)

Vegan Sausage with
Chips & Tomato Sauce
(SO)

PASTA

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)

Chocolate Cake
(GL-EG)

Oaty Cookie
(GL)

Fruit Jelly

Dessert Selection
(GL-EG-MI)



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY

CELERY - CE / GLUTEN - GL /
CRUSTACEANS - CR / EGGS - EG /
FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU /
NUTS - NU / PEANUTS - PE /
SESAME SEEDS - SE SOYA - SO /
SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



MOSS HALL FEDERATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Chicken & Beef Sausages with Mash (GL-SU)

Chicken & Sweetcorn Pizza with Garlic Bread (GL-MI-SO)

Roast Turkey with Diced Roast Potatoes & Gravy

Chicken Curry with Rice

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN
Choice

Quorn Sausage & Mash (GL-EG-MI)

Margherita Pizza with Garlic Bread (GL-MI-SO)

Vegetable & Potato Pie with Gravy

Vegetable Curry with Rice

Vegetable Chilli with Chips (SO-GL)

PASTA

Tomato Pasta (GL)

Tomato Pasta (GL)

Tomato Pasta (GL)

Tomato Pasta (GL)

Tomato Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Salmon (MI-FI)

SANDWICH

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt (MI)

Sprinkle Sponge Cake (GL-EG)

Apple Flapjack (GL)

Fruit Jelly

Dessert Selection (GL-EG-MI)

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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



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MOSS HALL FEDERATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Beef Burger
with Corn on the Cob
(GL-SU-SO-SE)

Chicken & Mushroom
Pizza with Garlic Bread
(GL-MI-SO)

Roast Chicken with Diced
Roast Potatoes & Gravy

Beef Lasagne with
Garlic Bread
(MI-GL-EG-SO)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Vegetable Bean Burger
with Corn on the Cob
(GL-SE)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Vegan Sausage with Diced
Roast Potatoes & Gravy
(SO)

Veggie Lasagne with
Garlic Bread
(MI-GL-EG-SO)

Vegan Nuggets
with Chips
(GL)

PASTA

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)

Apple Cake
(GL-EG)

Chocolate Cookie
(GL)

Fruit Jelly

Dessert Selection
(GL-EG-MI)



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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY

