

# [WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	BBQ Chicken	Bunless Homemade Beef Burger	Roast Turkey & Gravy	Homemade Meatballs with GF Penne Pasta	GF Fish & Chips (F)
Vegetarian Dish of the Day	Caribbean Vegetable & Chickpea Curry	Bunless Chickpea & Spinach Burger	Jacket Potato with DF Cheese & Baked Beans	Tomato & Basil GF Penne Pasta	Jacket Potato with DF Cheese & Baked Beans
Vegetable Choice	Jollof Rice with Seasonal Vegetables	Baked Beans & Seasoned Potato Wedges	Rustic Roast Potatoes & Vegetables	Mixed Salad	Beans or Peas
Dessert of the Day	Allergy Free Chef's Cake	Fruit Pot	Allergy Free Chef's Cake	GF Shortbread Biscuits	Fruit Jelly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

Moss Hall - Allergy Free


















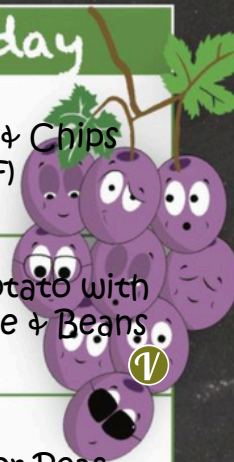
# [WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 28th Oct - Mon 18th Nov - Mon 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Savoury Beef Mince	GF/DF Beef & Turkey Pepperoni Pizza	Roast Beef & Roast Gravy	Chicken Curry & Rice	GF Fish & Chips (F)
Vegetarian Dish of the Day	Winter Vegetable & Lentil Stew 	GF/DF Margherita Pizza 	Cauliflower Steak 	Vegetable & Multigrain Lentil Curry & Rice 	Jacket Potato with DF Cheese & Beans 
Vegetable Choice	Rice, Carrots & Cabbage 	Seasoned Potato Wedges & Sweetcorn 	Rustic Roast Potatoes & Seasonal Vegetables 	Seasonal Vegetables 	Beans or Peas 
Dessert of the Day	Allergy Free Chef's Cake 	Fruit Pot 	Allergy Free Chef's Cake 	Fruit Jelly 	GF Shortbread Biscuit 
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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# [WEEKLY MENU]



Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	BBQ Jerk Chicken	GF Sausages with DF Crushed Potatoes (SU)	Roast Chicken & Gravy	Penne Beef Bolognese GF Pasta	GF Fish & Chips (F)
Vegetarian Dish of the Day	Roasted Vegetable & Five Bean Cottage Pie	Jacket Potato with DF Cheese & Baked Beans	Jacket Potato with DF Cheese & Baked Beans	Vegetable & Lentil Bolognese with GF Pasta	GF/DF Margharita Pizza
Vegetable Choice	Steamed Rice & Seasonal Vegetables	Peas & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables	Garden Salad	Chips & Beans
Dessert of the Day	Allergy Free Chef's Cake	Fruit Pot	Allergy Free Chef's Cake	Fruit Salad	GF Shortbread Biscuit
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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