

# [WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	BBQ Chicken	Beef Burger & Homemade Potato Wedges (G, SE*, SO, SU)	Roast Turkey & Gravy	Meatball Pasta Bake (E, G, MK, SO)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	BBQ Vegetables & Chickpea (CE, G*)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Vegetable & Lentil Parcel (CE, G)	Tomato & Basil Pasta Bake (CE, G, MK)	Vegan Nuggets & Chips (G)
Vegetable Choice	Rice, Sweetcorn & Peppers (CE)	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Strawberry Mousse (MK)	Iced Vanilla Sponge (E, G, MK)	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

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# [WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 28th Oct - Mon 18th Nov - Mon 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Savoury Beef Mince (CE)	Meat Feast Pizza (G, MK)	Roast Beef & Gravy	Butter Chicken Curry & Rice (CE, G*)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Winter Vegetable & Lentil Stew (CE) 	Margherita Pizza (G, MK)	Roasted Cauliflower Steak 	Multigrain Lentil Dhal & Rice (CE, G) 	Veggie Sausage Roll (G, MK*)
Vegetable Choice	Rice, Carrots & Cabbage 	Seasoned Potato Wedges & Baked Beans 	Rustic Roast Potatoes & Seasonal Vegetables 	Green Beans & Cauliflower 	Beans or Peas 
Dessert of the Day	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Honey & Raisin Flapjack (G) 	Classic Jam Sponge & Custard (E, G, MK, SO*)	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Chocolate Banana Cake with Chocolate Sauce (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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# [WEEKLY MENU]



Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	BBQ Jerk Chicken	Chicken Sausage & New Potatoes with Gravy (G, SO, SU)	Roast Chicken & Gravy	Spaghetti Beef Bolognese (G)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Roasted Vegetable & Five Bean Cottage Pie (V)	Veggie Sausage & New Potatoes with Gravy (G) (V)	Roasted Vegetable & Chickpea Filo Parcel & Homemade Tomato Sauce (CE, G) (V)	Vegetable & Lentil Bolognese with Spaghetti (CE, G) (V)	Cheesy Calzone & Chips (G, MK)
Vegetable Choice	Rice & Peas & Seasonal Vegetables (V)	Peas & Broccoli (V)	Rustic Roast Potatoes & Seasonal Vegetables (V)	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas (V)
Dessert of the Day	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Fruit Jelly (V)	Apple Crumble & Custard (G, MK)	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	White Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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