## [WEEKLY MENU] Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec

	Monday	Tuesday	Wednesday	Thursday	Friday		
Main Dish of the Day	BBQ Chicken	Beef Burger & Homemade Potato Wedges (G, SE*, SO, SU)	Roast Turkey 4 Gravy	Meatball Pasta Bake (E, G, MK, SO)	Fish Fingers & Chips (F, G)		
Vegetarian Dish of the Day	BBQ Vegetables & Chickpea (CE, G*)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Vegetable & Lentil Parcel (CE, G)	Tomato & Basil Pasta Bake (CE, G, MK)	Vegan Nuggets & Chips (G) <b>(</b>		
Vegetable Choice	Rjce, Sweetcorn ↓ Peppers (CE) <b>①</b>	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas		
Dessert of the Day	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Strawberry Mousse (MK)	Iced Vanilla Sponge (E, G, MK)	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Ice Cream (MK)		
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details		
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Cold Selection

Daily Salad Bar, Homemade Bread (E\*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

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## NEEKLY MENU) WEEK 2





Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 28th Oct - Mon 18th Nov - Mon 9th Dec

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Savoury Beef Mince (CE)	Meat Feast Pizza (G, MK)	Roast Beef & Gravy	Butter Chicken Curry & Rice (CE, G*)	Battered Fish (Chips (F, G)
Winter Vegetable 4 Lentil Stew (CE)	Margherita Pizza (G, MK)	Roasted Cauliflower Steak	Multigrain Lentil Dhal & Rice (CE, G) <b>(1)</b>	Veggie Sadsage Roll (G, MK*)
Rice, Carrots 4 Cabbage	Seasoned Potato Wedges & Baked Beans	Rustic Roast Potatoes & Seasonal Vegetables	Green Beans & Cauliflower	Beans or Peas
Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Honey & Raisin Flapjack (G) <b>(</b>	Classic Jam Sponge & Custard (E, G, MK, SO*)	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Chocolate Banana Cake with Chocolate Sauce (E, G, MK)
See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
	Mince (CE)  Winter Vegetable & Lentil Stew (CE)  Rice, Carrots & Cabbage  Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)  See Board for	Savoury Beef Mince (CE)  Winter Vegetable & Lentil Stew (CE)  Rjce, Carrots & Cabbage  Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)  Meat Feast Pizza (G, MK)  Margherita Pizza (G, MK)  Seasoned Potato Wedges & Baked Beans  Honey & Raisin Flapjack (G)  Flapjack (G)  See Board for	Savoury Beef Mince (CE)  Meat Feast Pizza Roast Beef & Gravy  Winter Vegetable & Lentil Stew (CE)  Wargherita Pizza (G, MK)  Rice, Carrots & Seasoned Potato Wedges & Baked Beans  Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)  See Board for  See Board for  Meat Feast Pizza Roast Beef & Gravy  Rustic Roast Potatoes & Seasonal Vegetables  Potatoes & Seasonal Vegetables  Classic Jam Sponge & Custard (E, G, MK, SO*)	Savoury Beef Mince (CE)  Meat Feast Pizza (G, MK)  Margherita Pizza (G, MK)  Roast Beef & Gravy  Multigrain Lentil Dhal & Rice (CE, G*)  Multigrain Lentil Dhal & Rice (CE, G)  Rice, Carrots & Geasoned Potato Wedges & Baked Beans Wedges & Baked Beans  Potatoes & Seasonal Vegetables  Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)  See Board for  See Board for  Multigrain Lentil Dhal & Rice (CE, G)  Multigrain Lentil Dhal & Rice (CE, G)  Or Classic Roast Potatoes & Seasonal Vegetables  Or Cheese & Crackers (G, MK)  See Board for  See Board for  See Board for  See Board for

Daily Salad Bar, Homemade Bread (E\*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt

Moss Hall Primary School

Cold

Selection

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## [WEEKLY MENU] Olively Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec

		Monday	Tuesday	Wednesday	Thursday	Friday
D	lain ish of he Day	BBQ Jerk Chicken	Chicken Sausage & New Potatoes with Gravy (G, SO, SU)	Roast Chicken & Gravy	Spaghetti Beef Bolognese (G)	Fish Fingers & Chips (F, G)
Vegeta Dish o Day		Roasted Vegetable & Five Bean Cottage Pie	Veggie Sausage 4 New Potatoes with Gravy (G)	Roasted Vegetable & Chickpea Filo Parcel & Homemade Tomato Sauce (CE, G)	Vegetable & Lentil Bolognese with Spaghetti (CE, G)	Cheesy Calzone & Chips (G, MK)
Vegeta Choice		Rice & Peas & Seasonal Vegetables	Peas & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables 🕧	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Desser the Da		Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Yoghurt & Fruit (MK) Or Cheese & Crackers (G, MK)	White Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato	A10.	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
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Cold Selection

Daily Salad Bar, Homemade Bread (E\*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt

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