

[WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day					
Vegetarian Dish of the Day	BBQ Vegetables & Chickpeas (CE, G*)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Vegetable & Lentil Parcel (G)	Tomato & Basil Pasta (CE, G)	Vegan Nuggets & Chips (G)
Vegetable Choice	Rice, Sweetcorn & Peppers (CE)	Baked Beans or Vegan Coleslaw	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Green Salad	Beans or Peas
Dessert of the Day	Fruit Or Vegan Cheese & Crackers (G)	Fruit Salad	Vegan Iced Vanilla Sponge (G)	Fruit Or Vegan Cheese & Crackers (G)	Fruit Ice Lolly
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

Moss Hall - Vegan

[WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 28th Oct - Mon 18th Nov - Mon 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day					
Vegetarian Dish of the Day	Winter Vegetable & Lentil Stew (CE)	DF Margherita Pizza (G)	Roasted Cauliflower Steak	Multigrain Lentil Dhal (CE, G)	Homemade Vegan Sausage Roll & Chips (G)
Vegetable Choice	Rice, Carrots & Cabbage	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Green Beans & Cauliflower	Beans or Peas
Dessert of the Day	Fruit Or Vegan Cheese & Crackers (G)	Honey & Raisin Flapjack (G)	Vegan Jam Sponge (G)	Fruit Or Vegan Cheese & Crackers (G)	Vegan Chocolate Cake (G)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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[WEEKLY MENU]



Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day					
Vegetarian Dish of the Day	Roasted Vegetable & Five Bean Cottage Pie	Veggie Sausage & New Potatoes with Gravy (G)	Roasted Vegetable & Chickpea Filo Parcel & Homemade Tomato Sauce (CE, G)	Vegetable & Lentil Bolognese with Spaghetti (CE, G)	DF Margherita Pizza & Chips (G)
Vegetable Choice	Seasonal Vegetables	Peas & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables	Green Salad	Beans & Peas
Dessert of the Day	Fruit Or Vegan Cheese & Crackers (G)	Fruit Jelly	Apple Crumble (G)	Fruit Or Vegan Cheese & Crackers (G)	Chocolate Shortbread (G)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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