

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Plant Based Butter Curry
(CE, G/B*, O*, R*, W*)

Super Swirl Veggie Pasta
(G/W)

Roasted Vegetable Casserole

DF Margherita Pizza
(G/O*, W)

Vegan Nuggets & Chips
(G/W)

S

SIDES



Steamed Rice with Broccoli

Carrots & Broccoli

Rustic Roast Potatoes & Seasonal Vegetables

Homemade Potato Wedges & Baked Beans

Baked Beans or Peas

S

S

S

PASTA & JACKET



Vegan Roasted Vegetable Pasta
(G/W)

Jacket Potato with Baked Beans & DF Cheese

DF Mac & Cheese
(G/W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Vegetable Pasta
(CE, G/W)

PUD



Fresh Fruit

Golden Pear Crumble
(G/B*, O, W)

Vanilla Shortbread
(G/W)

Fruit Jelly

AA Lemon Cake

S

Daily Salad Bar | Homemade Bread | Fresh Fruit



DATES

31 AUG / 21 SEPT / 12
OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
S = SEASONAL VEG

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THEME DAYS

MAIN



**DF Roasted Butternut
Squash Topped Mac &
Cheese
(G/W)**

S

**Sweet & Sour Roasted
Vegetables**

**Vegetable Biryani
(CE, SU, G/B*, O*, R*, W*)**

**Roasted Squash & Root
Vegetable Pasta
(G/W)**

S

**DF Margherita Pizza
(G/W)**

SIDES



Peas & Sweetcorn

S

**Steamed Rice with
Green Beans**

**Paprika Spiced
Vegetables**

S

Broccoli

S

**Homemade
Potato Wedges &
Baked Beans**

S

PASTA & JACKET



**Jacket Potato
with Baked
Beans & DF
Cheese**

**Vegan Roasted
Vegetable Pasta
(G/W)**

S

**Jacket Potato
with Baked
Beans & DF
Cheese**

**Tomato &
Vegetable Pasta
(CE, G/W)**

S

**Jacket Potato
with Baked
Beans & DF
Cheese**

PUD



AA Vanilla Cake

**Chocolate Shortbread
Biscuit
(G/W)**

Fresh Fruit

AA Jam Sponge

Fruit Iced Lolly

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

**7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC**

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THEME DAYS

MAIN



Sticky Veggie Pasta Surprise
(CE, G/W)

Tex Mex Mild Veggie Chilli
(CE)

Roast Jerk Quorn Fillet
(G/W)

Jerk Vegetable Curry
(CE, G/B*, O*, R*, W*)

DF Margherita Pizza & Chips
(G/W)

SIDES



Broccoli

Steamed Rice & Broccoli

Rustic Roast Potatoes & Medley of Seasonal Vegetables

Rice & Peas

Beans or Peas

PASTA & JACKET



Jacket Potato with Baked Beans & DF Cheese

DF Mac & Cheese
(G/W)

Jacket Potato with Baked Beans & DF Cheese

Vegan Roasted Vegetable Pasta
(G/W)

Jacket Potato with Baked Beans & DF Cheese

PUD



AA Berry Sponge

AA Vanilla Sponge

Vanilla Shortbread
(G/W)

Apple Crumble
(G/W)

AA Chocolate Cake

Daily Salad Bar | Homemade Bread | Fresh Fruit



DATES

14 SEPT / 5 OCT / 2 NOV / 23 NOV / 14 DEC

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