



Moss Hall Infant School

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Executive Headteacher: Laura Wynne B.Ed (Hons) MA (Ed)

Foundation Sports deliver specifically designed coaching sessions for young pupils of all ages and levels of ability. Their fresh, entertaining and informative sessions offer a range of progressive practices to help young people develop. Delivered using their own published scheme of learning to provide FUN, educational and challenging coaching in a safe and friendly environment.

During the Autumn Term our multi-sports club will be focusing on:

Tennis

From learning how to hold a tennis racket correctly to pairing up with a partner to compete in the Moss Hall championship. This session will bring pupils through the process. Open to pupils of all abilities.



Ball Skills



As the title says this session aims to improve ball skills. Pupils will take part in a variety of fun activities that teach them how to throw, catch, strike, roll and kick.

We will also be running a separate:

Bollywood Dance

High energy and stylised, these urban style classes are taught by a young industry professional with a wealth of performing and choreographic experience. Classes are designed to develop coordination, introduce technique and build confidence in a friendly and fun environment. Students learn street dance routines to the latest tunes incorporating movements such as popping, locking, funk, jamming and hip hop. Students are also encouraged to express themselves through improvisation and freestyling.



MULTISPORT APPLICATION FORMS

Monday Y1 3.20pm - 4.20pm 13 weeks Termly charges £117 Application form

https://docs.google.com/forms/d/e/1FAIpQLScTwLocR3_07bBKSTnjZHrIJKNkKJ9wJw1Rp4No7Hp d33XEUQ/viewform?usp=sf_link

Tuesday Y1 3.20pm - 4.20pm 13 weeks Termly charges £117 Application form

https://docs.google.com/forms/d/e/1FAIpQLSdeOCjTIZODrV8jnOQrlg5a6vDOHq36eAR56RVhH0FB hqPLjw/viewform?usp=sf_link

Thursday Y2 3.20pm - 4.20pm 13 weeks Termly charges £117 Application form

https://docs.google.com/forms/d/e/1FAIpQLSc6ej-H8t5TQXk5j10f6GNm_Ou5yuUkOulGk61lIKKEC1fg7w/viewform?usp=sf_link

Friday Y2 3.20pm - 4.20pm 12 weeks Termly charges £108 Application form

https://docs.google.com/forms/d/e/1FAIpQLScm0HYCSa44E6P6qURJI5iBMjYLLnxMp00Bb7Mrqpd 9GKdmKQ/viewform?usp=sf_link

BOLLYWOOD APPLICATION FORMS

Wednesday Y1 & Y2 3.20pm - 4.20pm 13 weeks Termly charges £117 Application form

https://docs.google.com/forms/d/e/1FAIpQLSdOfTUzh6fLJLdc9aZs9pL7vYzAtJBQk8SlliaU_WtOuY OQRQ/viewform?usp=sf_link

Thursday Y1 & Y2 3.20pm - 4.20pm 13 weeks Termly charges £117 Application form

https://docs.google.com/forms/d/e/1FAIpQLSc93Dbmndg5xCYfdW4FoX8VdWE4fsLisx_E1BbswYg AeX1-nQ/viewform?usp=sf_link