

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Sweet Potato, Chickpea & Coconut Curry (CE, G/B, O, R, W)	Vegetable Burger (SE*, G/W)	Roasted Root Vegetable Pie & Gravy (CE, G/W)	Vegetable & Lentil Keema (CE, G/B, O, R, W)	Vegan Nuggets & Chips (G/W)
SIDES 	Rice & Peas with Green Beans (CE)	Homemade Potato Wedges & Green Salad	Rustic Roast Potatoes with Roasted Carrots & Parsnips	Steamed Rice & Green Beans	Baked Beans or Peas
PASTA & JACKET 	Vegan Roasted Vegetable Pasta (G/W)	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W)	Jacket Potato & Salad	DF Cheesy Pasta (G/O, W)
PUD 	AA Vanilla Cake	AA Chocolate Cake	Apple Crumble (G/W)	AA Lemon Cake	Fresh Fruit

Daily Salad Bar | Fresh Fruit

DATES

5 JAN / 26 JAN / 23 FEB / 16 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN

DF Roasted Squash &
Root Vegetable Pasta
(G/W)

Mexican Bean Casserole
& Veggies

Vegetable & Bean Casserole
(CE, G/B*, W*)

AA Vegetable Curry

DF Cheese & Tomato Pizza
with Chips
(G/W)



SIDES



Green Salad

Steamed Rice & Green
Beans

Rustic Roast Potatoes with
Roasted Carrots & Parsnips

Steamed Rice & Green
Beans

Beans or Peas



PASTA & JACKET



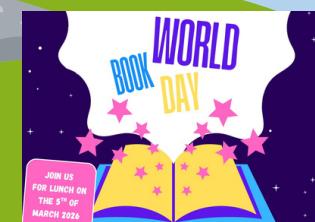
Jacket Potato & Salad

Vegan Roasted Vegetable
Pasta
(G/W)

Jacket Potato & Salad

DF Cheesy Pasta
(G/O, W)

Jacket Potato & Salad



PUD



Chocolate Shortbread
Biscuit
(G/W)

AA Vanilla Cake

AA Chocolate Cake

AA Lemon Cake

Vanilla Shortbread
Biscuit
(G/W)



Daily Salad Bar | Fresh Fruit

DATES

12 JAN / 2 FEB / 2
MAR / 23 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
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F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

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WEEKLY MENU

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Roasted Vegetable Ragu & Wedges

DF Cheesy Pasta (G/O, W)

Homemade Roast Vegetable & Stuffing Roll (G/W)

DF Cheese & Tomato Pizza (G/W)

Jacket Potato with Baked Beans & DF Cheese



SIDES



Carrots & Green Beans

Mixed Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Homemade Potato Wedges & Green Salad

Beans or Peas



PASTA & JACKET



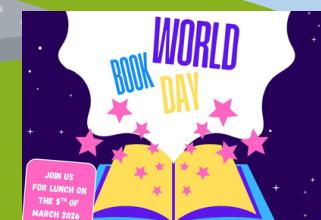
Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato & Salad

Tomato & Basil Pasta (CE, G/W)

Jacket Potato & Salad

DF Cheesy Pasta (G/O, W)



PUD



AA Vanilla Cake

Fruit Jelly

AA Lemon Cake

AA Lemon Cake

Vanilla & Raisin Shortbread Biscuit (G/W)



Daily Salad Bar | Fresh Fruit

DATES

19 JAN / 9 FEB /
9 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

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